

Advanced Diploma in Reiki- Energy Medicine

Paper I

Applied Anatomy and Physiology

Unit I- Introduction

Cell- Tissues- Epithelial Tissue- Connective Tissue-Nervous Tissue- Muscle Tissue- The Skeletal System- Types of Bones- Bone Structure- Joints- Muscle-Tendons- Ligaments

Unit II-The Circulatory System

The Heart- The Cardiac Cycle- Composition of Blood- Erythrocytes- Leukocytes- Platelets- Plasma- Cardiac Output- Blood Pressure- Blood Vessels- Digestive System- Physiology of Digestion-Respiratory System- Function of the Respiratory System- Lungs- Physiology of Respiration- The Endocrine System

Unit III- Nervous System

The Brain- Functions of Cerebrum- Functions of Cerebellum- Functions of Medulla Oblongata- Special Senses- The Epidermis-Accessory Organs of The Skin

Unit IV- Excretory System

Anatomy of the Kidneys- Ureters- Urinary Bladder- Urethra- Functions of Kidney- Reproductive System- The External Reproductive Organs- Internal Reproductive Organs- Puberty

PAPER-II

Mastering Healing Techniques

Unit I- The Science of Sound Energy

Ancient & Modern Techniques of Chakra Activation – Healing with Tibetan Singing Bowls – Working of Tibetan Bowl Sound Therapy – Chakra Healing with Tibetan Singing Bowls – Effects of Vibrations in the body – Minor 21 Etheric Chakras – Siddhis and mantras – Music for specific health issues.

Unit II- The Master Symbol and other symbols

Usui Master Symbol for Highest Empowerment – Uses of the Master Symbol – Karma Clearance through Reiki – Master Meditation – Goal Manifestation through Reiki symbols – Udreka – Swastik – Vasudha – Apta – Shamin – Rama – Karuna Reiki Symbol – Sati – Hosanna – Zohre – Om.

Unit III- Psychic Healing- The Science of Psychic Surgery

Essence of Psychic Surgery – How it works – William L. Rand’s Aura Psychic Surgery – Psychic Surgery for self and others – Psychic Healing methods for various ailments – Summary of Psychic Surgery.

Unit IV

Psychic Attack- Healing and Prevention – Types and Sources of Psychic Attacks – Symptoms of Psychic Attacks - ‘Closing the Aura’ Technique – Strengthening the Aura by using Crystals – Whirling Technique – How to remove Psychic Attack – Psychic Attack on buildings

Reiki Meditation for Whole Family – Healing Techniques in IIIrd Degree

Unit V- The Science of Crystal Healing

Basics of Crystal Healing – Research Methods – Basic Principles about care and use of crystals – Crystal Kit – Preparation for crystal healing – Energy Charging – Programming Crystals – Increasing Crystal’s Energy – Uses of Crystals- Balancing, merging, protection – Crystal Energy Balancing Process – Emergency healing with crystals – First Aid using crystals – Chakra Balancing- Crystal Chakra Toning, Neurological Balance, Circulatory Balance, Brain Balancing – Aura Scan.

Crystal Energy Grid Systems – Charging – Four-Sided Grid – Six-Sided Grid – Creating a crystal grid for continuous Reiki Healing – Master Grid – Transformational Properties of Gems and Minerals – Structures and metaphysical properties of Quartz Crystal.

PAPER- III

FUNDAMENTALS OF YOGA

Unit – I

Yoga : Meaning, Definitions, Need, Nature, Aim and Objective, principles, philosophy and scope of yoga.

Philosophy : Scope of Philosophy

Shad Darshanas : Nyana, Vaishesika, Smkhaya, Yoga, MImamsa, Vedanta, Misconceptions and clarifications of Yoga.

Unit – II

History of Yoga : Vedas, Upanishads, Yoga Vasishtha, Ramayana, Mahabharatha, Bhagavad Gita, Brahma Sutras, Modern Development in Yoga, School of Yoga, Sivananda Yoga, Integral Yoga, Bihar School of Yoga, Kundalini Yoga, Astanga Yoga, Viniyoga, Iyengar Yoga.

Unit - III

Contributions to yoga by yoga sutra : Smatdhi pada, Sadhana pada, Vibhooti pada, kavalya yoga, Tirumandiram : Asanga yogam, Fruits of Eight limbed yoga, Eight great Sidhis - Yoga Yajnavalkya Samhita, Goraksataka, Hatha yoga pradipika, Gheranda Samhita, Shiva Samhita, Yoga Rahasya

Unit – IV

Contributions of yoga to religious : Hindusm, Jainism, Buddhism, Christianity, Islam

Paths of Yoga : Hatha yoga, Bhakthi yoga, Jnana yoga, Karma yoga, Raja yoga, Mantra yoga, Laya Yoga, Yantra Yoga

Astanga Yoga : Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana, Samadhi

Unit V :

Contributions to Yoga : Matsyedranath, Thiruvalluvar, Vallalar, Vivekanandam Sri Arobindo, Maharishi Mahaesh Yogi, Kuvalayananda, Sri Yogendraji, Swami Rama, Vishnudevananda, Parmahamsa Yogananda, Vethathiri Maharishi, Swami Dhirendra Brahmachari.

PAPER- IV

Practical Application of Reiki Techniques

- Prevention and healing of Psychic attacks with Reiki
- Constructing and Charging a Crystal Grid
- Psychic Surgery
- Kinesiology (Muscle Response Test)

PAPER- V

Dissertation and Viva Voce

- The candidate is required to identify an area of his/her interest related to Reiki. She/he is then required to explore the area in depth and prepare a short research essay/thesis upon the subject.

Note: A detailed format for the dissertation will be provided to the candidate upon joining.

- An oral examination of the candidate will be conducted, either in-person or over Skype. The examination aims to assess the aptitude, skills and proficiency of the candidate in the field of Reiki.