

**SCHEDULE of “SELF HEALING RETREAT CAMP “at Pyramid Home Divine,
Dehradun Departure by bus or Train on 20th Night for Dehradun and reaching
21st Morning at Pyramid Home Divine by own conveyance**

Day - 1

1 – 3 PM: Lunch

3 PM – 4 PM: Checking Chakras & Aura Length & Removing Geopathic Stress and Introductory session

4 PM – 4.30 PM: Tea & Refreshment.

5.30 to 8.00: Classes on “Self-Healing” Science by Dr BK Chandra Shekhar

8:00 – 8.30: Meditation in Pyramid

8.30;Dinner & Good night.

Day - 2

5.30 AM – 7.30: Tea & Hot Water serving for bath & freshening up.

7.30 – 9:00 Practical Self-Healing Exercises Session.

9:00 – 10.00: Breakfast.

10.00 AM - 1 PM: Healing Psychosomatic diseases by Psycho Neurobics & Water Meditation by International Healer Dr. Chandra Shekhar Tiwari.

1 PM – 2 PM: Lunch.

2 PM –4.00 PM: Rest & 4 to 4.30 PM Tea

4.30 PM – 6.00 PM: Practical Third Eye activation Session & Concentration.

6.00 – 8.30 PM: Healing Meditation in King Chamber of Pyramid by Dr BK Chandra Shekhar

8.30: Dinner & Good night.

Day - 3

5.30 AM – 7.30: Tea & Hot Water serving for bath & freshening up.

7.30 – 9.00: Practical Self-Healing Exercises Session.

9.00 – 10.00: Breakfast.

10.00 AM - 1 PM: Integrating Psychoneurobics in daily routine life forever healthy and happy life, Question & Answers Session, Certificate of Level – 1 Distribution

1 PM – 2 PM: Lunch & Departure for the new beginning.

CONTRIBUTION

Triple occupancy 12,000/, Double Occupancy 14,000/, Single Occupancy 18,000/-

The above cost includes food, lodging and the Certificate of Level 1 learning imparted by Dr. Chandra Shekhar.

The amount can be deposited in the following account:

ICICI BANK

SIGFA SOLUTIONS

A/C NO-085701001642

IFSC CODE- ICIC0000857

SWIFT CODE- ICICINBBNRI

BRANCH-SECTOR-35, FARIDABAD

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