

# **Certificate in Memory Enhancement Science**

## **Objective:**

- 1-To Create an Awareness about Mind, Memory and Healing Power within Self
- 2-To Teach the Practical Techniques of Increasing Concentration Power
- 3-To Create Awareness about Root Causes of Illness
- 4-To Teach Them the Most Effective Ancient Techniques of Wellness
- 5-To Empower the Self to Heal and Cure Lifestyle Diseases
- 6-To Create a Dynamic Personality and Holistic Health

**Admission Eligibility :** 10th Pass

**Unit** : 12

**Duration** : Minimum 6 Months

: Maximum 2 Years

**Course Fee** : Rs. 5000 + Training Fee + Examination Fee as per the Rule of University

## **Paper 1**

### **Memory Enhancement Science**

**Unit 1 : Being and Soul---Two Different Entities**  
**1.0 to 1.8**

**Unit 2 : Energy Body**  
**2.0 to 2.9**

**Unit 3 : Conscious Mind**  
**3.0 to 3.9**

**Unit 4: Thoughts and Emotions**  
**4.0 to 4.9**

**Unit 5 : Soul, Mind and Brain**  
**5.0 to 5.9**

**Unit 6 : Secret of Success**  
**6.0 to 6.9**

**Unit 7 : Laws of Memory Bank**  
**7.0 to 7.8**

- Unit 8 : Methods of Improving Memory**  
8.0 to 8.8
- Unit 9: Subconscious Memory Power**  
9.0 to 9.9
- Unit 10: Third Eye and Self Confidence**  
10.0 to 10.8
- Unit 11: Importance of Memory Power in Education**  
11.0 to 11.8
- Unit 12: Methods of Increasing Memory**  
12.0 to 12.8

## **Paper 2**

### **Psycho Neurobics-The Science of Healthy and Happy Life**

- Unit 1: History of Psycho Neurobics**  
1.0 to 1.11
- Unit 2: Development of Psycho Neurobics**  
2.0 to 2.12
- Unit 3: Inner Body**  
3.0 to 3.9
- Unit 4: Chakra System**  
4.0 to 4.8
- Unit 5: Root Causes of Diseases**  
5.0 to 5.9
- Unit 6: Healing Process**  
6.0 to 6.8
- Unit 7: Vibrational Healing**  
7.0 to 7.9
- Unit 8: Psycho Neurobics Exercises**  
8.0 to 8.9
- Unit 9: Lifestyle and Diseases**  
9.0 to 9.9
- Unit 10: Psycho Neurobics in Diseases**  
10.0 to 10.9
- Unit 11: Unhealthy Food**  
11.0 to 11.9
- Unit 12: Nutritious DIET**  
12.0 to 12.9

**Paper 3**  
**Practical Psycho Neurobics**

**Psycho Neurobics Chart and Hand Gestures**

**Practical of Basic Psycho Neurobics**

*Empowering Neurobics*

*Purifying Neurobics*

*Loveful Neurobics*

*Peaceful Neurobics*

*Enlightening Neurobics*

*Blissful Neurobics*

*Joyful Neurobics*

*Neurobic Spa*

*Basics and Practical of Rajyoga Meditation*